



Learn to Teach Yoga to Children For all children, including those with Sensory Processing Disorder

May 12-15, 2011

Greater Atlanta Area TBA

For more information: Lisa Brodrick, lisa@childrensyoga.com

To register: Amanda Vinson, amandapt@theraplaypediatrics.com

**\$599 plus \$200 for materials, Total \$799, paid in full by 4/25
\$899 after 4/25** Online payment available. Refund in full, less \$50 admin fee
by 4/25. Credit for future course (less \$50 admin fee) after that date.

Course location to be announced. Hours: Thurs 6-8 pm, Fri, Sat and Sunday:
8:30 am until 6 pm. Total of 30 course hours: 27.5 in-class and 2.5 hours at-
home practicum

Note: **Course is pending approval from GOTA, and GADOE.** Check
with Amanda or Lisa for updates. See www.childrensyoga.com
(Shakta) and www.zensationalkids.com (Allison) for information about
Radiant Child Yoga

Radiant Child Yoga

is one of the most
comprehensive and enlightening
training programs of its kind!

- Guidelines for toddlers to teens
- Yoga stories, songs, and games children love
- Yoga for Autism and ADHD
- Class management tips
- Adapting yoga for schools
- Meditation/breathing games
- Self-transformational practices for you as the teacher
- Group Presentations-- collaborate in small groups
- Follow-up practicum with Shakta
- Tons of fun!
- Children's chakra and energy field development
- Yogic teachings, including 4 phases of childhood
- Practice of deeply listening and communicating
- Tips on staying centered no matter what!



The course includes take-home tote and materials—books, CDs, DVDs, and manuals—all created by Shakta Kaur, a \$200 for material value

- Opportunity to be listed on childrensyoga.com
- 30 hour level 1-3 certificate given upon completion of at-home practicum.
- PT/OT, YA, Public school credits available
- This course is the first step in 95/200 hr RCY training
- Open to beginners and experienced yogis



For Therapists and those interested in Yoga Tools for SPD:

- Learn how to apply components of yoga to the therapeutic treatment of children with various learning challenges and diagnoses such as sensory processing disorders, autism, ADHD, CP, and Down Syndrome.
- Yoga tools to address physical therapy, occupational therapy and speech/language therapy goals.
- Have applied for AOTA CEUs
- Taught by expert in children's wellness and yoga for 35 years, Shakta Khalsa E-RYT 500, and expert in Yoga Therapy for Children for 22 years, Allison Morgan, OT.